



Robinson's TKD News

For and about those who strive for Black Belt excellence!

September 2009

What's Inside

Cover Story

Leadership

What's Inside

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"Great Leaders bring out the best in others!"

Abraham Lincoln,
Eleanor
Roosevelt,
Winston

Churchill, Helen Keller,
Martin Luther King,
Confucius... despite a
person's political or
social beliefs, all of the
aforementioned people
can be labeled as leaders,
not just of their
contemporaries, but
leaders who influenced
many generations. That
influence happened not
just through great
speeches, or words of
wisdom, but by those
individuals ability to
motivate people.

The final month of
this quarter of "Believe
& Succeed"
concentrates on the
theme of "Leadership"
and explores the

qualities that great leaders possess in order to
have the ability to influence and motivate the
people around them. The first week's lesson
looks at how a person's actions really speak
louder than their words in providing an example
of leadership to others. What a person does is
often more important than what they say.
Students will learn the importance of weighing
not only what they are going to say, but how
they are going to act in any situation.

The leader's mentioned above, and any other
that come to mind, inspire others to work to the
best of their ability to make positive changes in
their lives and in the lives of others. In the
second week of study the students will see that
true leaders are only as good as the people that

Leadership



follow them. That by
bringing out the best in
others, a good leader
becomes great!

Everyone has the
potential to lead
others. Some people,
though, are not willing
to accept the
responsibility of
leadership. True
leaders will show
strength despite
adversity; they will
persist and therefore
inspire those around
them to persist. During
week three's lessons,
the students will learn
that "Real leader are
ordinary people with
extraordinary
determination."

Does leadership
mean, then, that each
person must find
someone to emulate

and to follow them? It is better for the students
to see that they must first look to themselves to
discover their life goals and that they need to be
their own leader toward the accomplishment of
their dreams. In the fourth week, that's just what
they will discover; that by marching to the best
of their own drum, they can become leaders
themselves.

This month's Leadership Worksheet will help
the student recognize what qualities are inherent
to all great leaders. By being able to recognize
these qualities, the students will work toward
developing these traits within themselves. Take
the time to work together on this valuable
learning tool!

"Leadership is an attitude before it is an ability." - Andrew Carnegie

Inspirations for personal success

Take a few minutes each day to read (out loud is the best) each of these inspirations. If you have children, take the time to read with them each day. Positive self-talk and self-thought is one of the first steps to happiness and success in life.

- * **I direct my efforts to my real priorities.**
- * **I avoid tasks that seem urgent but are not important.**
- * **Each day I recommit myself to my goals.**
- * **Everything I need comes to me.**
- * **I trust my intuition.**
- * **I believe in myself and my capacity to achieve great things.**
- * **I see my problems as opportunities that I can take advantage of.**
- * **I control my thoughts, and they create my success.**

Lead by Example!

Susan was so excited when she had been elected class president and she was sure all of her friends at school would be just as happy. Why had everyone seemed tense and almost angry with her today at the student council meeting? She had told them what they should do, like she was supposed to, and they had all seemed upset with her. Maybe they were jealous, she wondered. But she really didn't think that. She remembered all of the congratulations she had gotten when her victory had been announced. What went wrong? As she walked to the bus, she heard someone calling her name. She turned to see Mr. Bergin, the student counselor, walking toward her.

"Well Susan, how did the first day go?" Before she could stop herself, Susan poured out her frustrations with the day to the man who had always been supportive of her, ending her story by saying, "I can't figure out what went wrong. I was just doing my job." Mr. Bergin smiled and said, "Susan, were you expecting all of the students to respect you as their leader just because of a title? What you need to realize is that there is a big difference between telling someone to do something and having them do it for you because they respect your judgment. Think about it."

On the ride home, Susan thought about what Mr. Bergin said. Then she recalled when she had asked a fellow student to take notes earlier and he had started to say something, she had cut him off by saying, "Just do it!" She thought that she needed to sound in charge. Also, she had talked to a new girl in front of other students about being late for the meeting. She had thought at the time that it would set an example. Now she realized how demeaning both of those incidents must have been to the students. The next day, Susan called a meeting. She stood before the students and couldn't remember ever being so nervous. "I wanted all of you to know how honored I feel to be in my new position." She looked to the two students she had dealt with the day before and continued. "I also want you to know that I realize I have a lot to learn and I'm glad to have you all to teach me." Susan was glad to see the students smiling as she thanked them for being there and dismissed them. As she started to straighten the room, Mr. Bergin, who had been standing back, said, "Susan, you're on your way!"

August Happenings



Matt McElroy teaches board breaking at Tuesday Night Out in Lincoln



Black Belt pre-test at Mather Sports Complex



Florin Road students at the California State Fair

Marconi Avenue students at the California State Fair with Mayor Kevin Johnson



RENO
THE BIGGEST LITTLE CITY IN THE WORLD

UWTA GRAND NATIONAL CHAMPIONSHIPS

FRIDAY OCT. 2ND
5:30PM - FORMS SEMINAR (ALL BELTS)
7:00 PM - BLACK BELT TESTING
8:30PM - UWTA TOP 10 SPARRING CHAMPIONSHIPS

SATURDAY OCT. 3RD
9:00AM - UWTA TOP 10 FORMS
10:30AM - UWTA TOURNAMENT
7:30PM - BLACK BELT CEREMONY

OCTOBER 2 - 3 2009

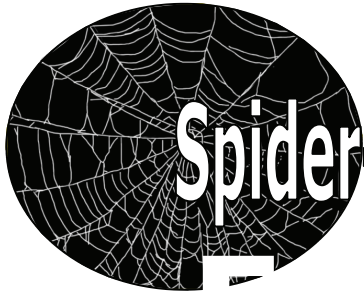
FOR MORE INFO VISIT
WWW.UWTA.ORG

CIRCUS CIRCUS
500 N. SIERRA ST
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UWTA WELCOMES OUR AFFILIATE ORGANIZATION THE HTF
IN ADDING US FOR THE '09 UWTA GRAND NATIONALS

Upcoming Events

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
CLOSED-Labor Day 9/7	Black Belt Testing Reno 10/2	Parent's Night Out 11/13	Belt Test Graduation 12/4 - 12/5
Parent's Night Out 9/18	UWTA Tournament Reno 10/3	CLOSED Thanksgiving 11/26	Goodwill Invitational Taekwondo Tourney Sacramento 12/12
TKD Dollars Coming <i>(watch for details)</i>	Belt Test Graduation 10/9 - 10/10	Family & Friends Shopping Day 11/27-11/28	CLOSED XMAS Vacation 12/24 - 1/2



Spider-Man Shoes

, Evan Thompson, an eight-year-old boy, was lost in the rough wilderness of Colorado, near Canon City—90 miles from Denver. Guess what saved him—footprints from his Spider-Man shoes! Searchers were able to follow the tracks left by his shoes and were able to locate him on May 30, five miles from where he was last spotted, in a place called Hole in the Wall Gulch. This had been his first camping trip.

Though 100 searchers with dogs and helicopters searched for him, four days passed before they finally found him. This was because the noise of the helicopters scared him and made him hide inside a

cave. He had eaten nothing since his last meal in the morning of May 27, though he did drink some water from a creek; so after his rescue he gobbled up some pizza and bananas.

Evan, who has returned to his home in Lakewood, said this incident will not stop him from going camping again, and we should all hope we can be as brave as him under such tough conditions.

Kid's Corner

Unscramble the Words

1. SPECRET _____
2. EAVRB _____
3. NDNESSIK _____
4. YETRSCUO _____
5. JAODNG _____
6. ATIRALM RSTIAT _____
7. OBW _____

The Maze

Can you find your way out?

